1	Suburban Hriendship League	
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3	Frequently Asked Questions – Verizon Email Addresses	
4	(July 7, 2008)	
5		
6	The following are a list of Frequently Asked Questions relating to Verizon Email customers receiving	5
7	Emails from the SFL.	
8		
9	Question: I have a Verizon Email account and send in messages, such as my scores, to the	
10	sfl@sflsoccer.org Email address. In the past I used to get a confirmation Email. However	r, I
11	no longer receive any Emails from the SFL. What is the problem?	
12		
13	Response: For some reason Verizon does not accept Emails from the SFL. We do not know the reason	on
14	why and Verizon cannot explain it either. Considering that our provider is a Verizon	
15	Business customer and has recently asked for an explanation has done no good either.	
16	Verizon provide the following instructions that have worked for several Verizon customer	rs.
17	However, we make no promises since Verizon has told us several times that they will no	
18	longer block our Email.	
19		
20	 Log into your Verizon Email account. 	
21		
22	 Pick "Email" on the red band at the top of the page. 	
23	A 1	
24	 A box asking you to use Verizon Web Mail. You can select "Ask Me Later". 	
25		. 1
26	• Email folder should appear and on the left side you should see "Email and More". Cli	ICK
27	"Options".	
28	Diele "Die elved Candone"	
29	Pick "Blocked Senders".	
30 31	• On the bottom you should see "Safe List". Enter the offences are and hit add	
32	 On the bottom, you should see "Safe List". Enter the sflsoccer.org and hit add. 	
33	After this is done you can send us an Empil to see if it works	
33	 After this is done, you can send us an Email to see if it works. 	
3 4 35	Note: This is a very slow process.	
35 36	rate. This is a very slow process.	